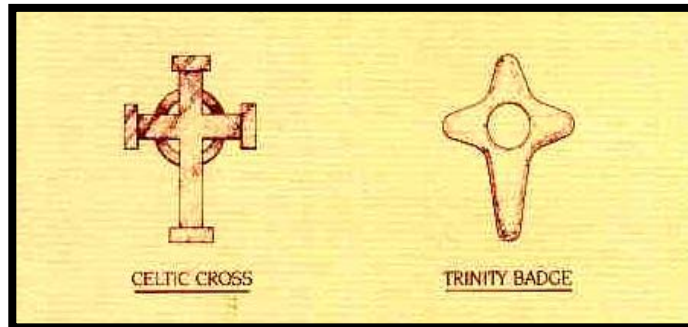


## THE TRINITY CROSS



Whatever religious significance you attach to the “Cross” it is acknowledged to be the universal symbol of suffering.

The Celtic Cross is square shaped and sharp. It has 3 equal arms with a support of greater length – its arms are joined by a circle.

We have adopted for our badge the Celtic Cross. We have rounded all the edges and the circle has become a hole. It is symbolic of the purpose of the “hospice”.

We exist to soften the suffering of those people committed to our care, to smooth the round edges and “to make it comfortable”. The ultimate objective is to take the centre out of suffering, hence the hole.

This cross is presented to members of staff and volunteers who have shown their commitment to the philosophy we embrace and rendered continuous service for a period of one year and five.

***This cross cannot be bought – it is therefore, priceless when earned***

***Diane & Helen  
Voluntary Services Department***

Linden  
Centre



## Guidelines For Counsellors

Trinity is most privileged and extremely grateful to have the help and support of over 600 volunteers. We value their contribution and their duties can be tailored to their skills/abilities. As an organisation we are open to doing things differently.

### **QUALIFIED COUNSELLOR**

Our team of experienced and qualified counsellors (many of whom have completed a training placement with us) carry a caseload of between 2-5 clients

All our qualified counsellors work within the theoretical approach they are trained or experienced in, according to the Guidelines for Good Practice as laid out by the British Association for Counselling & Psychotherapy.

Our counsellors work within all the three areas of work within the Linden Centre; Children's Bereavement, Adult Bereavement and Family Support when individuals face a life threatening or terminal illness.

Some of our counsellors commit even more of their time and support us to deliver COASTAL, our adult bereavement group programme.

### **CASCADE**

Cascade is our children's bereavement group programme and is run by a multi-disciplinary team of counselors, nurses and volunteers. Having support from volunteers with a wide variety of personal and professional experience ensures that the groups are well staffed and that the children find someone they can bond with and relate to as they explore their grief and make friends in the group.

Please contact the Linden Centre on 595552 if you are unable cover your shift.

### **FIRE SAFETY**

The fire alarm rings every Monday at 10.00 a.m. for testing. In the event of a fire please take instructions from a member of staff.

### **SMOKING**

Trinity operates a strict no smoking policy for all staff and volunteers.

### **SOCIAL EVENTS AND INFORMATION**

- There is an annual Appreciation Evening for all volunteers at the Hospice. This is a 'thank-you' for the help and support you give to the Hospice. Please check Volunteer notice boards for dates.

Various other social events are organised throughout the year, including a Christmas party night and we encourage volunteers to let us have any suggestions, this can be done by email or in person.

Voluntary Services Manager – Diane Stonier 01253 359374 or email [diane.stonier@trinitypcs.org.uk](mailto:diane.stonier@trinitypcs.org.uk)

Voluntary Services Assistant – Helen Rogerson 01253 359374 or email [helen.rogerson@trinitypcs.org.uk](mailto:helen.rogerson@trinitypcs.org.uk)

***Thank you for volunteering***

***We hope you find it rewarding***